DECEMBER 2009 NORTH FOREST INDEPENDENT SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 IW French Toast Country Fried Steak w/ Gravy Steamed Rice Or Sloppy Joe on Bun Pickle Spears Mixed Vegetables Choice of Assorted Fruit	2 IW Breakfast Pastry Hamburger on Bun w/ Condiments (w/Cheese optional) Oven Potatoes or Chili con Carne w/ Saltine Crackers Lettuce, Tomato & Pickle Fruited Gelatin Dessert	3 IW Biscuit/ Sausage Patty & Jelly Baked Chicken Or Meatballs w/ Brown Gravy Mashed Potatoes Green Beans Yeast Roll Choice of Assorted Fruit	4 Toasted Ham & Cheese Sandwich Spaghetti w/ Meat Sauce Or Fish Wedge w/ Tartar Sauce Lettuce q/ Diced Tomatoes Salad Dressing Yeast Roll Choice of Assorted Fruit
7 Big Bowl Cereal Pizza Or Corn Dog w/ Condiments Oven French Cut Potatoes Lettuce/Tomato Salad w/ Dressing Choice of Assorted Fruit	8 IW Kolache BBQ or Sloppy Joe on Bun Sliced Pickles and Onion Or Chili & Cheese Baked Potato Yeast Roll Mixed Vegetables Choice of Assorted Fruit	9 IW Breakfast Pastry Hamburger on Bun W/ Cheese (optional) & Condiment Pickle Slices Or Cheddar-Topped Chili Mac Steamed Broccoli Cornbread or Yeast Roll Choice of Assorted Fruit	10 IW Biscuit/ Sausage Patty & Jelly Christmas Chicken Nuggets or Roast Turkey w/Brown Gravy Cranberry Sauce Dirty Rice or Cornbread Dressing Green Beans Yeast Roll Apple Cobbler *Christmas Dinner*	11 Toasted Ham & Cheese Sandwich Chix-Veg Soup and Sandwich Or Hot Dog on Bun w/ Condiments Oven Fries Tossed Salad w/ Dressing Choice of Assorted Fruit
14 IW Kolache Crispy Taco w/ Condiments Taco Salad Or Chicken Stir Fry over Rice Steamed Cabbage Cornbread Choice of Assorted Fruit	15 IW French Toast Spaghetti w/ Meat Sauce Sweet Peas Or Meat Salad on Lettuce w/ Pickle Spears Saltine Crackers or Roll Choice of Assorted Fruit	16 IW Breakfast Pastry Hamburger on Bun W/ Cheese (optional) & Condiments Pickle Slices Or Half Moon Sliced Ham/Roll Seasoned Pinto Beans and Rice Tossed Salad w/ Dressing Choice of Assorted Fruit	17 IW Biscuit/Sausage Patty & Jelly Home-style Meatloaf Or Fish Sticks AuGratin Potatoes Lettuce & Tomato Salad w/ Dressing Yeast Roll Applesauce Gelatin	18 Toasted Ham & Cheese Sandwich Manager's Choice
2009 ***North Forest ISD will Celebrate "Winter Break" December 21, 2009- January 1, 2010***				
Merry Christmas and Happy New Year to All!!			**ELEMENTARY AND MIDDLE SCHOOL REIMBURSABLE MENU** Price List: Adult Breakfast:$2.50; Lunch: $3.00 We are a Provision 2 District and as such, all meals to students are at "NO COST" All elementary schools offer Breakfast in the Classroom (except Thurgood Marshall) The time of service is generally 7:30-8:00 am w/ minor variations "Chef Salad" &" Baked Potato" Meal are offered daily as a Healthy Choice Option Offer vs. Serve is implemented in grades K-12 except at Thurgood Marshall & Rogers **North Forest complies with the Mandated Texas Nutrition Policy**	